



Prayer Guide



Dear Rev Kid,

We are so proud of you as you begin, or continue, this powerful journey of discovering your own personal prayer life. Learning what prayer is, how to pray, and how important prayer is to your everyday life is one of the most important things you can do as a believer in Jesus. From day one, our church has always set out to be a people of prayer. We want to pray first in every situation, good or bad. Jesus is always the answer, He is our best friend, and He is always ready to talk with us.

Praying with Jesus is not only something that we need in our lives but it should be something that we want to do. The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! Praying and talking with Jesus should be the best part of our day! We hope you will use this prayer journal to make your prayer life more personal. When you find out how to have real conversations with Jesus every day, then you will experience the presence of God, and that will change your life in the best way possible.

Once you learn how to pray, you can make it a part of your everyday life. You can pray:

- Before the day begins
- Before you go to school
- Before you hang out with your friends
- Before practice
- Before you play a big game
- Before you go to bed
- When something bad happens
- When something good happens
- In every situation – PRAY FIRST!

We are praying blessings over your prayer life because prayer changes everything!



Pastor Zak & Amber

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LIFESTYLE PRAYER

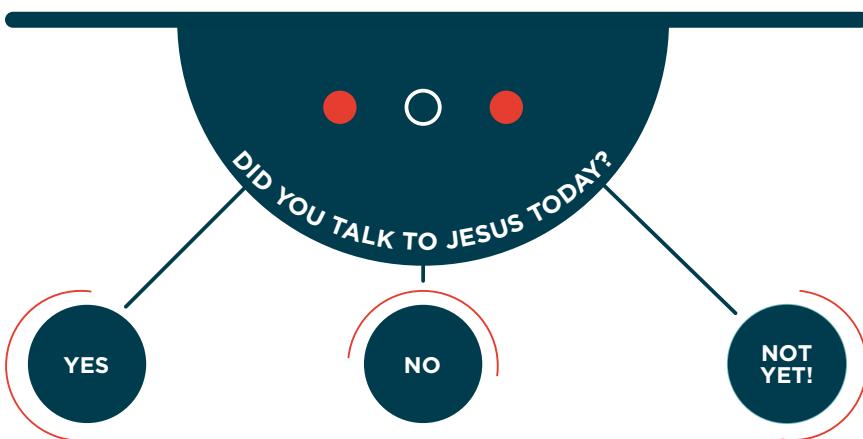
Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. (Mark 1:35)

Here's what we see:

He prayed every day.
He prayed in a certain place.
He prayed with a plan.

1. TIME

We see that Jesus had a certain time that He prayed every day. The Bible says that Jesus got up very early in the morning to spend time with His Heavenly Father and pray. He had a specific time that He always knew was His prayer time. We should do the same.



When will your prayer time be? Use a pencil to circle your answer or answers!

WHEN I WAKE UP

IN THE AFTERNOON

BEFORE I GO TO SLEEP

2. PLACE

We see that Jesus had a certain place that He would go to pray. We need to have a place that doesn't have any distractions, noises, or things that would keep us from focusing on Jesus. My favorite place to pray is:

**COLOR IN THE PLACE
BELOW WHERE YOU LIKE
TO PRAY TO JESUS:**



3. PLAN

We also see in the Bible that whenever Jesus prayed, He always had a plan. He had things on His heart that He wanted to pray for, and knew how He wanted to pray for them.

**WRITE DOWN OR DRAW A PICTURE
BELOW OF THE PEOPLE AND THINGS YOU
CAN PRAY FOR TODAY!**



THE LORD'S PRAYER

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..." (Luke 11:1)

“Our Father which art in heaven, Hallowed be thy name.
Thy kingdom come, Thy will be done in earth, as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil:
For thine is the kingdom, and the power, and the glory, for ever.
Amen.” (Matthew 6:9-13 NKJV)

Copy the LORD's prayer:

God can do all things — there is so much He wants to do in your life!

MATCH WHO HE IS WITH WHAT HE CAN DO!

Healer God is on my side and will fight for me.

Friend God is in charge and wants the best for me.

Peace I will choose joy because God is my joy.

Forgiveness He is my hope for every situation.

Love He forgives me for anything I have done and will do.

Hope Jesus loves me the most.

Joy He brings me peace no matter what I go through.

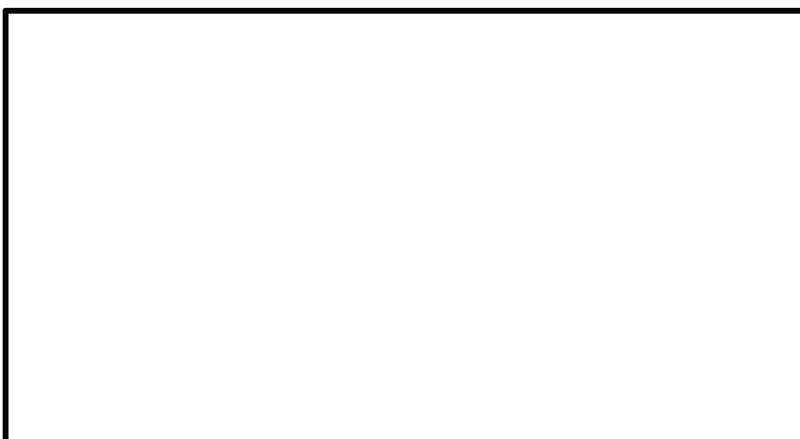
King He is always with me.

Protector God heals all our diseases.

THE BEST THING WE COULD EVER WANT IS WHAT GOD WANTS.

He will take care of everything else we need!

List or draw the things God wants for the world
and for you below. Then pray through them!



YOU CAN TRUST GOD WITH EVERYTHING — BIG THINGS AND SMALL THINGS!

What will you trust God with?

Draw or write one thing you are trusting God with today.

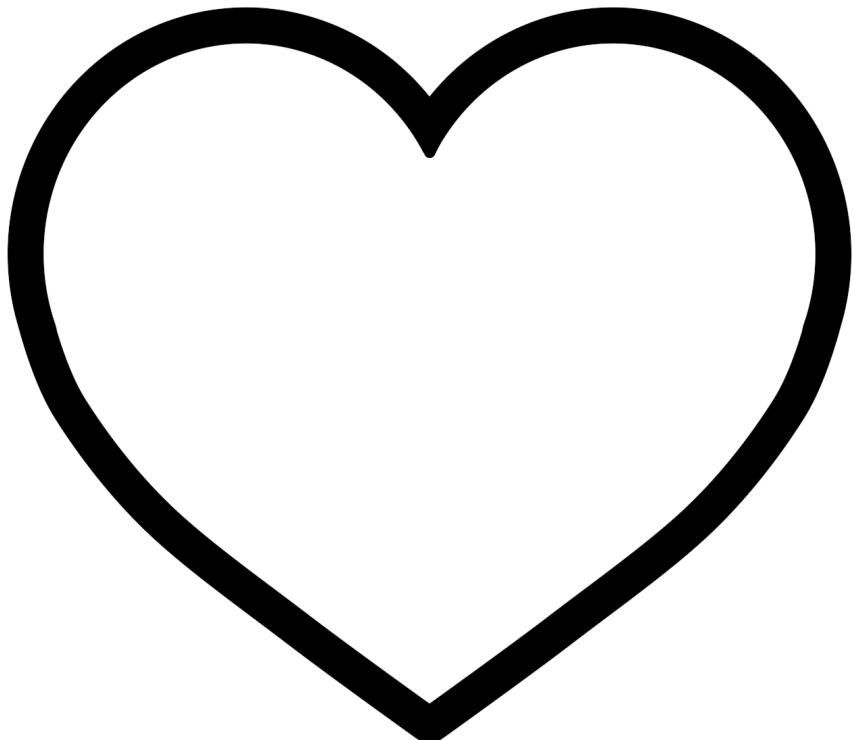


ASK JESUS TO LOOK INSIDE YOUR HEART:

1. What do you need to ask for forgiveness for?

2. What do you need to forgive someone for? .

Color In the heart after you've prayed:

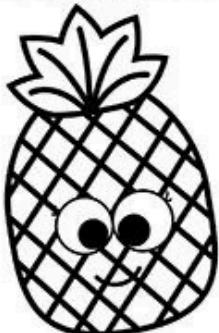


FRUITS OF THE SPIRIT

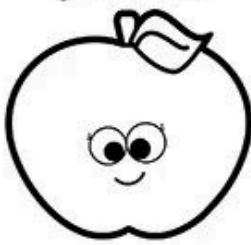
When we follow Jesus and let the Holy Spirit lead us, we become more like Him.

As you color, ask God to help you grow in each fruit!

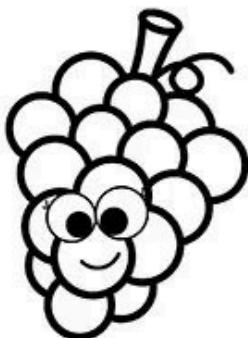
kindness



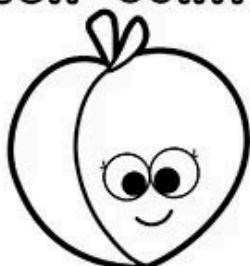
peace



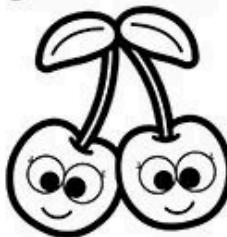
goodness



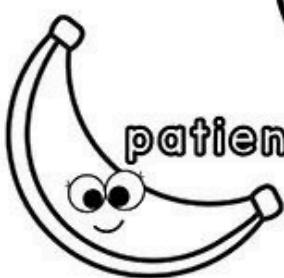
self-control



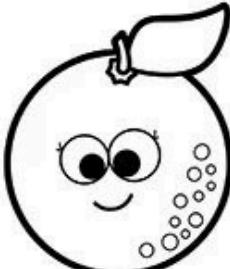
gentleness



patience



joy



faithfulness

PRAYERS FOR WHEN I NEED HELP

Sometimes we feel scared, worried, or need help. God didn't leave us alone — He gave us armor! Just like a soldier puts on armor to stay safe, we can put on the full armor of God when we need help. God's armor helps protect our hearts, our minds, and our choices.

Pray through the Armor of God.

Read Ephesians 6:11-18

11 Put on the full armor of God, so that you can take your stand against the devil's schemes.

12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,

15 and with your feet fitted with the readiness that comes from the gospel of peace.

16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

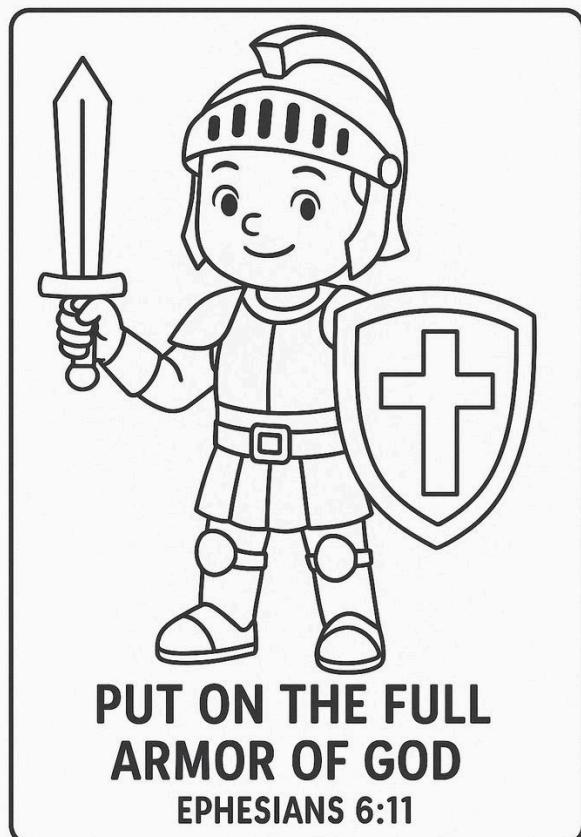
18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

PRAYING THROUGH THE ARMOR OF GOD

Lord,

Today, I put on the full armor of God. I am protected. I put on the **belt of truth** to speak and walk honestly. I will put into place the **breastplate** to do what is morally right. I will strap onto my feet and be ready with the **gospel of peace**. On my arm, I will carry the **shield of faith** and block the attacks from the evil one. I know God is with me. On my head, I will wear the **helmet of salvation**. Jesus loves me and I belong to Him! With my shield in one hand, I will carry the **sword of the Spirit** with me in the other. It is the Word of God. I will pray on all occasions, everywhere, for anything. I will be alert and never stop praying daily for those around me.

In Jesus' name, amen.



PRAYERS FOR MY FAMILY

*Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.
(Exodus 20:12)*

Your family is a gift from God!

One way we can love our family is by praying for them.
Pray this prayer, then draw a picture of your family in the box below.

Jesus,

Today, I thank You for my family.

I thank You that You love us and want the best for us.

I pray You would give (say their names) and me wisdom today to make good choices and do the things You would want us to do.

I pray that You will bless us so that we can be a blessing to others.

I pray You will give us favor and influence.

I pray You would lead us and guide us through the whole day and I pray that You will watch over everything we do.

I pray that You would cover us, protect us, and keep us far from any harm so that we can do good things for You.

In Jesus' name, amen.



PRAYERS FOR WHEN I FEEL ALONE

*I will never leave you or let you be alone (Hebrews 13:5 NIV)
I am with you always. (Matthew 28:20)*

Sometimes we feel alone, but God is always there for us.
He is a forever friend who never leaves us.

Pray this prayer and draw a time you felt God with you.

Jesus,

Thank You that You are my best friend.

Thank You that You never leave me,
and that I never have to feel alone.

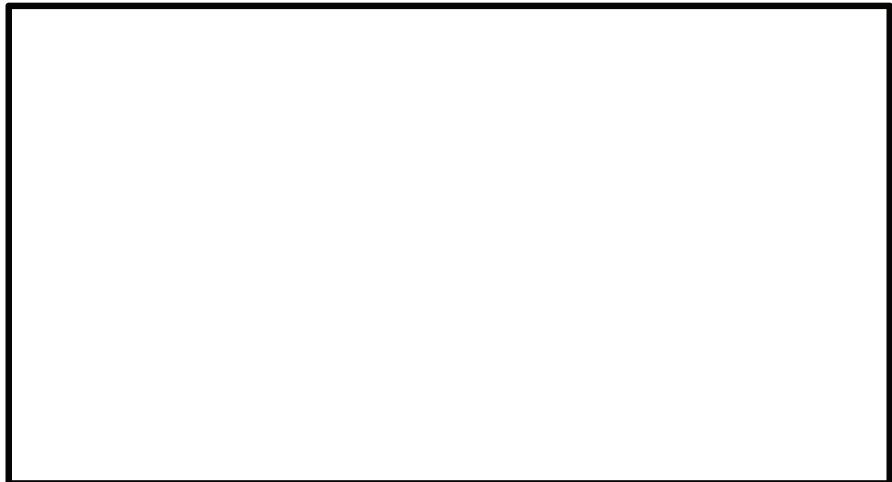
As You are with me today, help me follow You
and make good choices.

Help me forgive anyone who has hurt me.

Thank You for the comfort that Your Spirit brings me.

Help me be more like You
and choose to love people the way You love people.

In Jesus' name, men.



PRAYERS FOR WHEN I FEEL AFRAID

For God has not given us a spirit of fear, but of power and of love and of a sound mind. (2 Timothy 1:7 NKJV)

Everyone feels afraid sometimes, but God is always close. We can find peace and comfort in Him.

Prayer this prayer and draw a picture of a time you turned to God when you were afraid.

Jesus,

Today I pray against the spirit of fear.
I command it to go by the authority that You have given me.
I ask that you would give me peace,
perfect love that casts out fear,
and complete confidence in You.
Thank You that I don't have to be afraid.
Thank You that You are in control.
Thank You that You love me.
In Jesus' name, amen.



PRAYERS FOR PROTECTION

Jesus always wants to keep us safe because He loves us. There are three great things we can use to protect ourselves:

1. THE NAME OF JESUS

Jesus tells us that He will protect us and keep us. He will cover us with His wings. The Bible says that the name of the Lord is a strong tower that we can run to so we can be kept safe.

2. THE COVERING OF THE BLOOD OF JESUS

When Jesus died on the cross for us, His precious blood was shed. And that blood saved us, washes our sin away, and protects us.

3. THE WORD OF GOD (THE BIBLE)

The Bible is full of prayers of protection. It is such a powerful weapon against the enemy. We can pray God's Word over us and our family. Psalm 91 is one of those great prayers of protection.

Say this prayer:

Jesus,

Thank You that I am important to You.

Thank You that You are always watching over me and protecting me.

I pray that You will cover me with the protection of Your blood and surround me with Your angels.

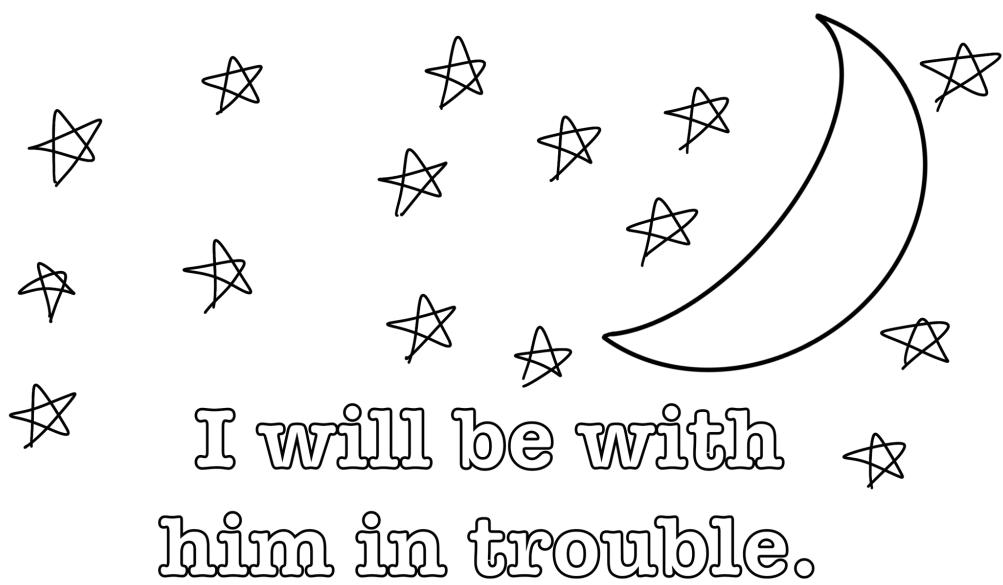
I run to the name of Jesus, my strong tower.

Thank You for being my rock and strong defender.

Please protect my family and me from every evil attack.

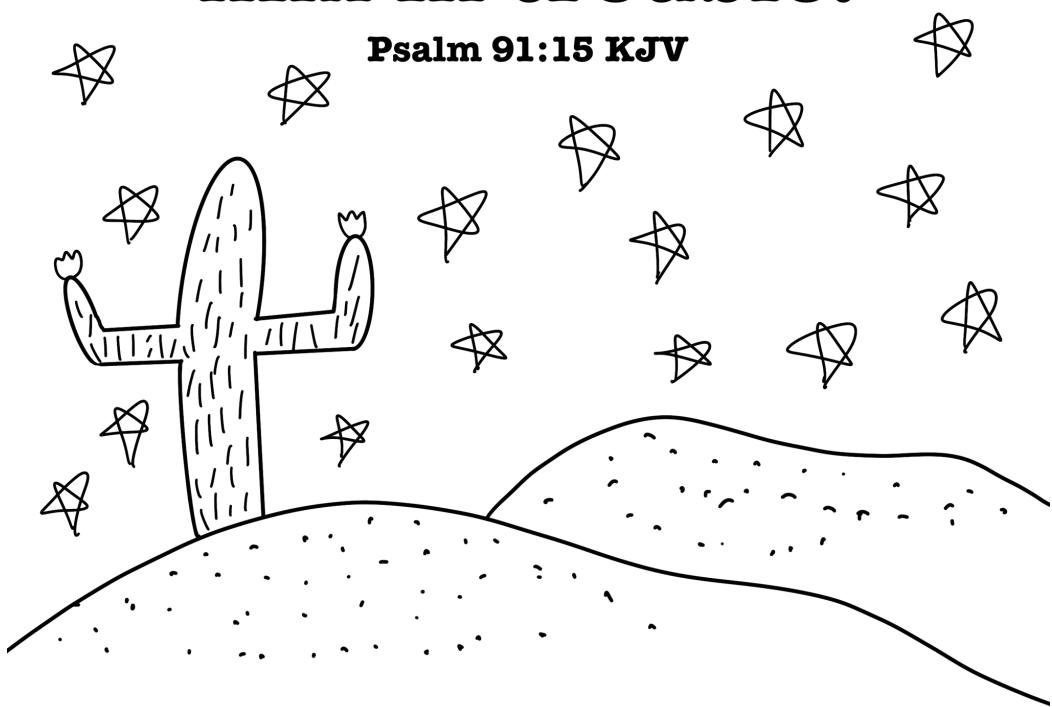
In Jesus' name, amen.

Read Psalm 91 with your family.



I will be with
him in trouble.

Psalm 91:15 KJV



PRAYER AND SCRIPTURE FOR EVERY DAY

MY PRAYER LIST

Make a list or draw the things you want to pray for every day.
